

# CYF NEWS

## OCTOBER 2007

# MICHIGAN STATE UNIVERSITY EXTENSION

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### **QUOTE OF THE MONTH**

“Happiness is when what you think, what you say, and what you do are in harmony”  
—“Mahatma Gandhi”



### **MICHIGAN BETTER KID CARE 2006-2007**

The Michigan Better Kid Care project successfully completed the second year of a three-year grant program funded by the Early Childhood Investment Corporation on September 30, 2007. Michigan Better Kid Care (MiBKC) provides a wide range of training services to current and prospective child care providers throughout the state. Training opportunities include a 36-hour training program for those interested in becoming child care providers, an 18-hour training program for relative care providers and day care aides, numerous one-time workshops, on-line training, and mentoring and support services for providers establishing and maintaining child care businesses.

We currently have 18 Extension Educators and seven program assistants providing education and training in all 83 Michigan Counties. The MiBKC project is a statewide, professional development program offering both formal and informal childcare providers access to continuing education specifically designed to meet the state licensing requirements.

The MiBKC program has been enthusiastically received by the providers in the state. The program has far exceeded its statewide training goals and continues to develop a solid mentoring and support network for child care providers within the state. During the 2006-2007 grant year, more than 10,000 people participated in the MiBKC program throughout the state.

### Training and Education 2006-2007

Program	Participants
36 Hour Training	233
18 Hour Training	232
One Time Workshops	7218
On-Line Training	822
Check Out Kits (with Evaluation)	1649
<b>Total Participants</b>	<b>10154</b>

*Submitted by Susan Wheeler*

## **SAFE ROUTES TO SCHOOL**

**Don't miss the early registration rate: Register by October 10 for the 1<sup>st</sup> Safe Routes to School National Conference**

Save money and secure your spot at the 1<sup>st</sup> Safe Routes to School National Conference scheduled for November 5-7 in Dearborn, MI. The National Center for Safe Routes to School and the Safe Routes to School National Partnership proudly present this inaugural event. Early registration ends October 10. At \$190, this early rate special includes your choice of more than 25 workshops, an evening at The Henry Ford with a private showing of the museum following the opening program, three inspiring plenary speakers, fabulous meals and three days of valuable networking with Safe Routes to School advocates, champions and leaders from around the country. On October 11 the rate increases to \$240 for the full conference, so don't wait.

Whether you're just getting started with Safe Routes to School initiatives or have been working on the issue for years, everyone will benefit from the offerings. Several in-depth sessions and workshops will take place throughout the conference covering issues such as:

- Effective media relations
- Creative approaches for increasing program funding
- Addressing the needs of diverse populations
- Strategies for engaging and involving youth
- School citing policies
- Equity issues
- Leadership skills building
- Integration with public health
- Teaching bicycle safety
- Engineering neighborhood traffic safety
- Engaging local law enforcement
- And much more

Wednesday's program includes the Safe Routes to School National Partnership's annual meeting and two mobile workshops. The first takes you to see two beautiful GreenWays Initiative projects that are, like Safe Routes to School, linking communities by leveraging vision, resources and people. The vision and impetus behind these projects will inspire and can be applied to a community's vision for Safe Routes to School. The second mobile workshop offers an informative and inspiring opportunity to visit two diverse urban neighborhoods in Detroit, in which innovative Safe Routes to School (SRTS) partnerships

are underway to address SRTS challenges for underserved populations.

Support for this conference is provided in part by a grant from the Robert Wood Johnson Foundation® in Princeton, New Jersey. Sponsorship is also provided by the Michigan Department of Transportation and the W.K. Kellogg Foundation. For more information about the conference, please visit <http://www.saferoutesmichigan.org/nationalconference.htm>.

## **IT'S HERE...THE NEWLY REVISED AND FREE 2007 NEFE HIGH SCHOOL FINANCIAL**

**PLANNING PROGRAM CURRICULUM** has been released. The Michigan Credit Union League and Michigan State University Extension invite you to attend a FREE training for this new and improved curriculum.

**A Call to Action.** Teens today spend over \$170 billion per year, yet many don't know how to manage their money wisely. Most Michigan high school students graduate with few of the personal financial skills they need to support themselves, according to a 2001 survey conducted with graduating high school seniors. The workshop will provide you with the tools to educate students in the fundamentals of sound money management and the basic concepts of financial planning and personal responsibility.

**What is HSFPP?** HSFPP a seven-unit newly revised program that provides teens with a greater understanding of and ability to manage their personal finances in the areas of goal-setting, budgeting, and saving. The program—offered free of charge from the National Endowment for Financial Education—uses unique games, simulations, case studies and interactive exercises to provide hands-on experience for students to test and apply the financial principles and concepts being taught. The new 2007 version includes easy-to-use teacher lesson plans and an interactive Web presence for teachers, parents and students.

**Who Uses HSFPP?** High School Teachers, with the occasional assistance of select professionals, employ this curriculum in the classrooms to teach young adults about the financial planning process. This can also be taught in after-school or club settings.

**Is HSFPP worth my and my students' time?** A recently released, national evaluation of a teen financial education program shows that young people who studied the NEFE High School Financial Planning Program curriculum for as little as 10 hours not only significantly increased their understanding of money management, but also improved their financial behavior in the ensuing. For more information about the HSFPP program, visit [hsfpp.nefe.org](http://hsfpp.nefe.org).

HSFPP Training Session attendees will receive:

- The HSFPP Curriculum (includes an instructor's manual and sample student workbook with a portfolio)
- A hands-on training on how to teach the program by people who've used the program extensively
- A review of the program's purpose, content and teaching techniques

### **Training Opportunities:**

**November 8, 2007** at St. Clair County MSUE  
200 Grand River; STE 102, Port Huron, MI 48060

**November 16, 2007** at Nu Union Credit Union  
12750 Escanaba Dr., DeWitt, MI 48820

Trainings are scheduled from 9:00 am – 3:00 pm

Please fax the following information to 517.355.6748; Michigan State University Extension, Attn: Priscilla Martin, or e-mail to [pjmartin@anr.msu.edu](mailto:pjmartin@anr.msu.edu) no later than one week prior to the training date.

**Name:**

**School:**

**Address:**

**City, State, Zip:**

**Phone:**

**E-mail:**

**Are you familiar with the curriculum?**

*Yes*       *No*

**Specify the Training Location you will attend.**

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A confirmation will be sent to you one week prior to the event. If you have questions, contact Erica Tobe at 517.355.9655 or email at [tobee@anr.msu.edu](mailto:tobee@anr.msu.edu).

### **2007 FCS NEW STAFF TRAINING SERIES DESCRIPTION**

All sessions are necessary for staff working in FSNE, EFNEP, and BFI. Home Visiting, Learn Together Approach, and Nutrition III are recommended for parenting instructors. Click here for registration <http://web2.msue.msu.edu/inservice/coursetitle.cfm>.

#### **Nutrition III – October 24, 2007:**

Nutrition III is appropriate for educators and program associates in Food, Nutrition and Health and Building Strong Families. Nutrition III is the third in a series of three trainings for new staff. The training series provides information on nutrition and ideas for teaching participants. Nutrition III covers the following topics: prenatal nutrition, breastfeeding, feeding the infant, young child and preschooler, special nutrition considerations for teens and the senior population. Corresponding lessons in the Eating Right is Basic and Enhanced curricula are reviewed.

#### **Home Visiting – November 7, 2007:**

The Home Visiting training session is appropriate for program associates in nutrition and parenting programs and their supervisors. The session will address effective ways to work with participants in a home-based setting. Discussion will include: identifying barriers to learning and ways to overcome them, confidentiality and proper procedures for handling suspected abuse, ways to deal with difficult situations in participant's homes, ways to develop independence in participants and set boundaries, and preventative personal safety strategies. In addition, this session will include information on recruiting, establishing good relationships with referring agencies, and accurate record keeping.

#### **Learn Together Approach – December 5, 2007:**

The Learn Together Approach is appropriate for all FCS staff, educators, and program associates. The "Learn Together Approach" is a method of teaching groups through small group facilitation that encourages participants to share their knowledge and experiences. The session discusses benefits of this method of teaching, provides information on developing lesson plans, and conducting sessions using this approach. If you are looking for new ways to work with groups, this session is for you.

**CONGRATULATIONS TO THE FOLLOWING PEOPLE ON 25 YEARS OR MORE OF SERVICE TO MSU EXTENSION:**

***CYF FCS***

Dawn Contreras

***CYF 4-H***

Cheryl Booth  
Julie Chapin  
Kenneth Geuns  
Elizabeth Knox  
Cynthia Mark  
Janet Olsen

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Thomas Rorabaugh  
Daniel Rossmann  
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Connie Theunick

***North Region***

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Russell Kidd  
Dean Solomon

***Southeast***

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William Mills  
Steven Poindexter  
Brenda Reau  
Marilyn Rudzinski  
Thomas Schneider  
Hannah Stevens  
Stephen Stewart  
Beverly Terry  
Nancy Thelen  
Lois Thieleke  
Robert Tritten  
Van Virgel Varner

***Southwest***

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Mona Ellard  
Jan Hartough  
Gary Lee Heilig  
Ira Krupp  
Patricia Lamison  
Dale Mutch  
Ann Nieuwenhuis  
Natalie Rector  
Philip Schwallier  
Janet Seitz  
Theresa Silm  
Kathy Walters Surratt  
Mark Williams

***Upper Peninsula***

Benjamin Bartlett  
Nancy Beukeman  
Ronald Kinnunen  
Nancy Kipling  
Linda Rossberg  
Warren Schauer

Account, Club Community Service Project & Annual Audit) all optional fields on the Club Codes screen.

**Q.** We have an Americorps worker who provides leadership for our mentoring project. Would she be counted as a Middle Manager on her Member/Leader screen? I thought yes since Americorps is similar to VISTA, others here thought differently.

**A.** You are correct. Though Americorps and VISTA receive a small stipend check they as Middle Managers in the Leader Type box since they supervise or provide leadership to other volunteers working with their programs. Since they also have face-to-face contact with youth, you would also check the Direct Volunteer category. If this person also happened to be a council member you would check Indirect Volunteer too – as many boxes as apply to each person. Here are the definitions:

**Direct Volunteer** - Unpaid support for the 4-H program through face to face contact with youth, by a youth or adult, e.g., project leader, club leader, camp counselor, teacher.

**Indirect Volunteer** - Unpaid support for the 4-H program by a youth or adult that does not include face to face contact with the youth, e.g., boards, committees.

**Middle Manager** - Unpaid service to or leadership of other volunteers by a youth or adult. Exceptions to unpaid support would be VISTA, Americorps, PEP and sailing support.

Contact Gloria Ellerhorst [ellerg@msu.edu](mailto:ellerg@msu.edu) or 517.353.2922 or Laura Allen, [lacourse@msu.edu](mailto:lacourse@msu.edu) or 517.432-7632 if you have questions about how to use the software. Work with your IT support person if you have technical questions like software installation, back-up procedures, using WinZip, or networking issues.

**BLUE RIBBON Q&A**

**Q.** Under File, Club/Unit Codes, there is a check box to indicate a club is chartered. Is there a way to run a report to find out which clubs are chartered or not?

**A.** Go to Report|Special Reports|Master Club Reports|Report Style = Special Categories and it prints the results for all the fields listed in the Special box (Club Chartered, Club



**Deadline for Next Edition of “CYF NEWS”**

October 29, 2007, is the deadline to submit articles for the November 2, 2007, edition of “CYF News.” Please submit articles to Gail Hebert at [hebertg@msu.edu](mailto:hebertg@msu.edu)