

CYF NEWS

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MICHIGAN STATE UNIVERSITY EXTENSION

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QUOTE OF THE MONTH

“If your success is not on your own terms, if it looks good to the world but does not feel good in your heart, it is not success at all.”

—“Anna Quindlen”



WATCH ME GROW CALENDAR

Being a parent is a tough job, wouldn't you agree? Often parents do not know who to turn to for information about parenting, nutrition, safety and many other issues that arise daily in families. Now there is something to help!

Introducing the *2007-2008 Watch Me Grow - Healthy, Happy and Strong!* calendar - created specifically for families in Michigan. This is an informative calendar which promotes the health and well-being of families, and helps build support networks by sharing information about effective programs and resources.

This 24-month calendar - begins in January 2007 and continues through December 2008 - is an important resource for families. Each month the calendar highlights a different program; offering both program and contact information. Activities and tips for parents are also offered throughout the calendar providing information on health, safety, nutrition and parenting. The best part is that these calendars are available in English and Spanish, and for only \$1.00 each.

Please visit our Web site to obtain an order form www.fcs.msue.msu.edu/wmg. We hope you and the families with whom you interact find this calendar both helpful and fun!

For additional information please contact Tammy Sullivan, program leader, at 517.432.8204 or sulli259@msu.edu.

ADDRESSING CRITICAL WORKFORCE ISSUES FOR THE YOUTH WORK PROFESSION

Tuesday, January 23, 3:30 p.m. – 4:45 p.m. EST

Presenters: **Nicole Yohalem**, Program Director, Forum for Youth Investment and **Pam Garza**, Director, National Youth Development Network, National Collaboration for Youth/National Human Services Assembly

A comprehensive picture of the youth work profession has sharpened its focus this past year. For the first time, we have a better idea of who youth workers are, where they work, how they are supported on the job and what their aspirations are, for themselves and the field. Join us to learn about the key findings and discuss implications from your view of the youth work field.

Nicole Yohalem and **Pam Garza** will discuss the results of a study conducted by the Forum for Youth Investment and coordinated by the Next Generation Youth Work Coalition. The goal of the recently formed Next Generation Youth Work Coalition is to build a strong, stable and supported youth workforce that is committed to the empowerment and well-being of young people. For information on the Coalition go to:
<http://www.nydic.org/nydic/staffing/workforce/nextgen.htm>

There is no charge to attend the online presentation, but you must register to participate. Space is limited to 25 participants/sites (more than one person can participate at a site). Prior to the presentation, you will receive instructions for how to sign on to enter the “Breeze” presentation and the conference call-in information. (The audio is accessible through a teleconference number so you do not need to have a microphone or other special equipment.)

The presentation will be hosted by National 4-H Headquarters and facilitated by Barbara Stone. Please contact me directly at bstone@csrees.usda.gov to reserve a space in the presentation. **Deadline for registration is Tuesday, January 16.**

MONEY SMART WEEK - APRIL 20-29, 2007

The fourth annual Federal Reserve Bank of Chicago - Detroit Branch's Money Smart Week is set for April 20-29, 2007. The ten days will showcase financial and housing education sessions throughout Michigan from a variety of non-profit and for-profit organizations throughout the state. The goal is to provide education aimed primarily at the elderly, youth and those who do not use banking services. Last year, approximately 350 plus sessions were held statewide. The Federal Reserve has partnered with Michigan State University Extension to extend the outreach during Money Smart Week.

This is MSU Extension's opportunity to demonstrate the effectiveness of the statewide network by teaching Money Smart Week sessions. Now is the time to start planning your financial management and/or housing sessions. For new session ideas contact the Family Resource Management AoE team.

Statewide media coverage for this governor endorsed event will happen during April 20-29, 2007. MSU Extension has a great opportunity to raise statewide

awareness for improved financial management through Money Smart Week sessions.

Session descriptions must be posted on the Money Smart Web site scheduled to launch in January 2007. Passwords can be obtained by contacting Connie Costner or Erica Tobe by Feb. 1, 2007. To find out more about being involved in 2007's Money Smart Week, please review the following Web site at www.chicagofed.org/moneysmart. Submitted by E. Tobe

WELCOME NEW STAFF

Matt Golzynski comes to Family and Consumer Sciences from the Media Services Department of Lansing Community College. Before that he worked for Saint Agnes Medical Center in Fresno, CA and WLAJ ABC-53 right here in Lansing. He is a three-time graduate of Michigan State University where he has culminated his education with an MS in Agriculture and Extension Education. Currently he is working on the Priority School Needs Assessment Project and the Nutrition and Physical Activity Education through Community Coalitions project. Matt is married and has two children, ages 2 and 6. They reside in Bath, MI.

NEW STAFF AT THE MICHIGAN NUTRITION NETWORK

The Michigan Nutrition Network (MNN) creates innovative partnerships, develops resources, and provides support for efforts to educate and promote healthy eating and physical activity among the people of Michigan.

Major activities include providing staff support for the MISNAP (Michigan State Nutrition Action Plan) team. The MISNAP team is made up of representatives of all 15 USDA Food and Nutrition Service (FNS) programs, as well as representatives of other groups in Michigan with an interest in food and nutrition. The Michigan Nutrition Network provides staff support to MISNAP to help them accomplish their goals. A second major activity is managing the Food Stamp Nutrition Education (FSNE) Enhancement Grant Program. The FSNE Enhancement Grant Program provides opportunities for other organizations beyond MSUE to participate in providing nutrition education and physical activity to Michigan's one million food stamp recipients. In 2006-2007 the Michigan Nutrition Network is managing almost \$5 million in total funding for this work.

Four new staff recently joined the Michigan Nutrition Network.

Celina Wille, PhD, and Vanessa Holmes will serve as liaisons with the FSNE Enhancement Grant recipients, providing support and ensuring compliance with FNS requirements.

Some of you may already know Celina for her work as a Spanish publications translator, primarily for MSU Extension. In the past, Celina held a split appointment here at MSU with the Julian Samora Research Institute and the MSUE Greenhouse Grower project. Her PhD is in Agricultural and Extension Education from MSU and prior to returning to Michigan she worked for the Texas Agricultural Extension Service as an Assistant Professor and 4-H and Youth Development Specialist.

Vanessa Holmes has degrees in journalism and communication and is nearing completion of her PhD in higher education here at MSU. She has taught at the college level for 13 years including advising two university newspaper staffs. She has also worked as a professional journalist in the television, newspaper, public relations and magazine arenas. The subject of her dissertation reflects her experience with large traditional White universities and Historically Black Colleges/Universities (HBCU's). She will be exploring reasons why African American students graduate at higher levels in some traditional large White universities as well as HBCU's and not in others.

Melissa Lonsberry joins the Michigan Nutrition Network as Registered Dietitian. Melissa will provide advice to Enhancement Grant recipients and applicants, as well as others, on curriculum questions and will work to ensure the quality of FSNE programming.

Melissa has held nutrition-related positions at Ingham Regional Medical Center's Healthwise University, at Foote Hospital in Jackson, and with MSUE's Family Nutrition Program. She is current President of the Lansing Dietetic Association. Melissa has degrees in social science and dietetics and an MS in human nutrition from MSU.

Completing the new staff is Jae Walker, Michigan Nutrition Network Secretary. Jae brings a degree in English and Theater and well documented skills in writing, editing, meeting organization, Web design and University procedures. With a-typical humility

Jae says she can "type like the wind and make Microsoft Office do back flips." Please join me in making them welcome! Submitted by Paul McConaughy.

NEW STAFF TRAINING

March 5 - Nutrition I: Nutrition I is appropriate for educators and program associates in Food, Nutrition and Health programs. Nutrition I is the first in a series of three sessions that focus on giving new staff basic information on nutrition and ideas for teaching this information to program participants. Nutrition I addresses the following subject areas: identifying participants' needs and interests, teaching through food preparation, MyPyramid, nutrition labeling and planning low-cost meals.

March 15 – Nutrition II: Nutrition II is appropriate for educators and program associates in Food, Nutrition and Health programs. Nutrition II is the second in a series of three trainings for new staff. The training includes information about nutrition and ideas and activities for teaching participants. Nutrition II includes information on: nutrients and nutrition-related health issues, food safety, and working with youth audiences in food, nutrition and health.

March 29 – Nutrition III: Nutrition III is appropriate for educators and program associates in Food, Nutrition and Health and Building Strong Families. Nutrition III is the third in a series of three trainings for new staff. The training series provides information on nutrition and ideas for teaching participants. Nutrition III covers the following topics: prenatal nutrition, breastfeeding, feeding the infant, young child and preschooler. A one-hour session is included at the end of the day on prevention of nutrition-related chronic diseases and the Dietary Guidelines for Americans. Parenting instructors may also attend this one-hour session or just register for part of the session.

BLUE RIBBON Q&A

Q. I recently attended Blue Ribbon training and learned that we should have been entering the participant numbers from the Kettunen Center annual summary report sent out by Cheri Booth into the Training Log. Would you please remind staff statewide about reporting these numbers?

A. Thank you for suggesting this. The August memo is addressed to 4-H Person's Responsible and Cheri reminds staff to pass the information on so it can be entered in Blue Ribbon. Adding this piece will give you a more accurate picture of youth education programming for your county.

Q. Our one-per-family mailing labels have some errors with family members not being linked. What's the easiest way to correct them?

A. Activity 21 in the Fundamentals training document shows you how to print a Family Report. Go to Report|Parent Lists and select Family Report for Report Style. Make other selections according to the way you want the report set up. This report shows how all family members are linked together. If one family isn't correct, the best way to correct it is to delete all but one family member and enter and re-link them again. Make sure you have all the information, i.e., projects, activities, awards, etc., for each family member before deleting them. It's helpful to review this report each year after you have all your new and re-enrollments entered.



Deadline for Next Edition of "CYF NEWS"

February 5, 2007, is the deadline to submit articles for the February 9, 2007, edition of "CYF News." Please submit articles to Gail Hebert at hebertg@msu.edu