

CYF NEWS

APRIL 2008

MICHIGAN STATE UNIVERSITY EXTENSION



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QUOTE OF THE MONTH

"My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success."

—*"Helen Hayes"*

EARLY LITERACY DEVELOPMENT AND PARENTAL INVOLVEMENT, ADTED 458 – A professional development opportunity you won't want to miss! One semester each year Penn State's World Campus offers the online course: **EARLY LITERACY DEVELOPMENT AND PARENTAL INVOLVEMENT, ADTED 458.** The semester runs May 19 – August 15, 2008, and you are encouraged to register now!

This course focuses on young children's language and literacy development, including ways that parents and early childhood professionals support this development; research related to children's learning; and way in which family literacy supports early literacy development. Get the "intensity and duration" that pays off in high quality practice. For more information go to: <http://www.worldcampus.psu.edu/FamilyLiteracyCertificate.shtml>

R.E.L.A.X. – ALTERNATIVES TO ANGER TRAIN-THE-TRAINER SESSIONS – The Human Development AoE is happy to announce that their R.E.L.A.X. – Alternatives to Anger trainings have been **approved by the Department of Human Ecology for .5 CEUs** for anyone who attends. There is no additional charge to claim CEUs.

Here is a unique opportunity to help individuals and families struggling with anger. MSU Extension's Human Development Area of Expertise is offering a one-day Train-the-Trainer session in R.E.L.A.X. – Alternatives to Anger, an anger management program with proven impact. One training remaining:

Thursday, May 22, 2008 – Escanaba, MI

Extension employees get a break on the \$85 charge, which includes hard copy materials, a CD, activities, plus lunch and snacks. **You may register by completing the attached form and mailing it to campus or by using the online registration located on the Portal at <http://web2.msue.msu.edu/inservice/coursetitle.cfm> (MSUE employees only).**

Many people are leery about teaching what could be an emotion-packed subject. The reality is that people who struggle with anger are hurting and don't know what to do. Having new knowledge and skills empowers them to lead more successful lives. If you are an educator who loves that moment when you see the light go on, the moment when someone owns an idea, when you know they can apply this new knowledge in their life, look at the attached [R.E.L.A.X. brochure](#).

When this training was offered in Lansing in January, 20 out of 20 participants responded positively to the question: "Do you feel that you gained enough knowledge about the curriculum to present this program to others?" Some answers to the question, "What might be your target audience?" included: children to teens to parents to child care providers to foster parents, grandparents raising grandchildren, divorcing parents, agencies like drug and substance abuse prevention, neighborhood, community, and city groups. Participants felt the notebook was well organized and will be helpful; they also learned ways to deal with their own anger.

Please share this with other service agencies in your counties. They are also invited. For questions about the trainings please contact:

Su Porter: 586.469.7609

portersu@msu.edu

Terry Clark-Jones: 734.222.3943 or

jonest@ewashtenaw.org

Barb Reynolds: 231.922.4824 or reyno278@msu.edu

Traci Osterman: 517.353.6674 or osterma7@msu.edu

FINANCIAL LITERACY & EDUCATION SUMMIT 2008

MONDAY, APRIL 21, 2008 - 4 P.M. – 5 P.M. (EASTERN) – The Federal Reserve Bank of Chicago and Visa Inc. cordially invite you to join us in a special one-hour online event.

Register TODAY to reserve your space online at www.practicalmoneyskills.com/summit2008.

The Financial Literacy & Education Summit 2008 will be a roundtable discussion of public policy, education and private sector experts addressing the significant economic challenges facing young adults and college students.

Moderating this year's panel will be personal finance expert, award-winning journalist and best-selling author, **Jean Chatzky**. You may know Ms. Chatzky from "The Oprah Winfrey Show" or NBC's "Today Show." She is also a contributing editor for Money and a columnist for *The New York Daily News*.

The goal of this year's Summit, which will be held in front of an audience at the Federal Reserve Bank of Chicago and broadcast via the Internet, is to build on the success of the first Summit by identifying practical and policy options that help our nation's young adults become better money managers. Some key questions that the Summit will seek to address are:

- How do we measure whether young adults have sufficient knowledge and skills to successfully navigate the financial choices they will face, given the current state of the economy?
- What are the most pressing personal finance challenges facing young adults today?
- What specific solutions do we have to alleviate the problem of financial illiteracy among young adults and what role should federal, state and local policymakers play in these solutions?

Opening remarks will be delivered remotely by **Ben Bernanke**, Chairman of the Board of Governors of the Federal Reserve System. Additionally, **Byron Pollitt**, the Chief Financial Officer of Visa Inc., will deliver in-person commentary on the role of the private sector in supporting financial education.

Panel participants (to date):

Ms. Anna Escobedo Cabral – U.S. Treasurer.

Mr. Chris Gardner – Author, Activist and Chief Executive Officer of Christopher Gardner International Holdings. Mr. Gardner's rise from poverty was chronicled in the film *The Pursuit of Happyness*.

Vice Admiral (retired) Cutler Dawson – President and Chief Executive Officer of Navy Federal Credit Union, Member of the President's Council on Financial Literacy.

Dr. Constantine W. (Deno) Curris – President of the American Association of State Colleges & Universities.

Ms. Susan C. Keating – President and Chief Executive Officer of the National Foundation for Credit Counseling.

Mr. Scott Duncombe – President the Student Government at the University of Chicago.

Who should register to watch?: Consumer-focused organizations and non-profits, policymakers (federal, state and local), educators, college administrators, college students, parents, employers, entry-level workers, financial services representatives, leaders in personal financial education, interested media.

Because we share a common goal of both strengthening our economy for current and future generations, we hope that you will be able to join us by viewing the online broadcast.

Please note: As of September 1, 2007, the EBRI offices have moved to 1100 13th Street, NW, Suite #878, Washington, DC 20005. Our telephone and fax numbers will remain the same. Please update your records accordingly to ensure proper receipt of all correspondence to our organization.

2008 NEW STAFF TRAINING SERIES

All sessions are necessary for staff working in FSNE, EFNEP and BFI. Home Visiting, Learn Together Approach and Nutrition III are recommended for parenting instructors.

April 22 – Nutrition III: Nutrition III is appropriate for educators and program associates in Food, Nutrition and Health. Nutrition III is the third in a series of three trainings for new staff. The training series provides information on nutrition and ideas for teaching participants. Nutrition III covers the following topics: prenatal nutrition, breastfeeding, feeding the infant, young child and preschooler, special nutrition considerations for teens and the senior population. Corresponding lessons in the Eating Right is Basic and Enhanced curricula are reviewed.

May 6th – Home Visiting: The Home Visiting training session is appropriate for program associates in nutrition and parenting programs and their supervisors. The session will address effective ways to work with participants in a home-based setting. Discussion will include: identifying barriers to learning and ways to overcome them, confidentiality and proper procedures for handling suspected abuse, ways to deal with difficult situations in participant's homes, ways to develop independence in participants and set boundaries, and preventative personal safety strategies. In addition, this session will include information on recruiting, establishing good relationships with referring agencies, and accurate record keeping.

May 20th – Learn Together Approach: The Learn Together Approach is appropriate for all FCS staff, educators, and program associates. The "Learn Together Approach" is a method of teaching groups through small group facilitation that encourages participants to share their knowledge and experiences. The session discusses the benefits of this method of teaching, provides information on developing lesson plans and conducting sessions using this approach. If you are looking for new ways to work with groups, this session is for you.

To register for any of the above sessions visit: <http://web2.msue.msu.edu/inservice/coursetitle.cfm>

BLUE RIBBON Q&A

Q. I want to add the fair exhibitor number to each of my members Blue Ribbon information screens. Since there is no category for that, I thought I'd try creating a Member Certification Code called "EXH#" for fair exhibit number and put the member's number in where it says "Certification Number."

Blue Ribbon accepts the information, but I can't figure out how to get a print out of the members and their "Certification Number" - which would actually give me a list of their fair exhibit numbers. Do you have any ideas on how I can retrieve this information?

A. Go to File|Additional Queries|Member Certification Query and Filter out the EXH# Member Certification Code field. Then, Select| Select All|File|Export|Wizard.

Next, a Save As screen appears. Enter a file name and Save the file. The Export Wizard screen appears with an extensive list of software programs you can export the information to i.e., Word or Excel spreadsheet (*.xls). Follow the steps and click on Execute to complete the export process.

Q. When is the next campus Blue Ribbon training?

A. Blue Ribbon campus training is being scheduled for Tuesday, May 6 in 1210 Anthony Hall Computer Lab. The morning (9:30 – noon) will focus on Fundamentals and the afternoon (1:00 – 3:30) will be on ES-237 Report. Registration for both sessions will be available on the MSUE Workshop Registration site at <http://web2.canr.msu.edu/inservice/coursetitle.cfm>.

Please contact Gloria Ellerhorst at (517) 353-2922 or at ellerg@msu.edu if you are interested.

Deadline for Next Edition of “CYF NEWS”

April 28, 2008, is the deadline to submit articles for the May 2, 2008, edition of “CYF News.” Please submit articles to Gail Hebert at hebertg@msu.edu